P.A.C.E. ATHLETICS

Welcome to another exciting year of athletics at P.A.C.E. Our involvement in interschool competition has been growing steadily, to include more and more activities and participants every year. We are looking forward to even greater involvement this year. Please find below some important information about being a student-athlete at P.A.C.E.

P.A.C.E. offers a variety of intramural activities throughout the year that are organized by our Student Council. Events in the past have included ball hockey, basketball and handball. We are looking forward to another exciting year as our Houses compete for the coveted House Championship.

We also have an extensive interschool athletic program. P.A.C.E. competes in the SSAF, against other private schools in the GTA. Please peruse the sports offerings that are traditionally available for our students and listen for announcements about up-coming tryouts. Students are responsible for consulting the posted schedule for game and practice times. Practices are held once or twice a week at lunch (12:20 – 12:45) and after school (3:00 – 3:45 and 3:45 – 4:25). Many of the competitions are held in single-day events except for basketball and volleyball, which are organized in leagues, with games once or twice a week during the season. We are looking forward to a successful athletic year.

RESPONSIBILITIES OF THE ATHLETES

➔ Athletes must represent P.A.C.E. in a manner that will make the school proud of its students. This will involve:
- being humble in victory.
- being proud in defeat.
- exhibiting good sportsmanship before, during and after a game or competition.
- remembering that you are "guests" when in other schools.
- accepting the decisions of the officials.
- respecting the equipment and property of P.A.C.E. and of other schools and athletes.
- maintaining a clean and neat appearance by looking after the team uniform and returning it clean and ironed at the end of the season.

➔ In many cases the teams will travel by school bus and athletes are responsible for arriving on time in the morning (as early as 7:30 a.m.) to meet the school bus departing from P.A.C.E. As well, athletes are responsible for their own transportation following evening games (returning as late as 6:30 p.m.).

➔ Athletes must at all times demonstrate qualities of courtesy and respect towards coaches, officials, opposing athletes and teammates. Inappropriate language and outbursts are unacceptable.

➔ Athletes MUST attend all practices and games. Any athlete who cannot attend a game or practice must inform the coach **in person** as soon as possible.

➔ Each athlete will be responsible for his/her own uniform during the season. The uniform must be worn for every game. The player is expected to keep the uniform clean during the season. The laundered uniform must be returned promptly at the end of the season. No student will be permitted to join another P.A.C.E. team until all uniform pieces have been returned in good condition. Failure to return the uniform in good condition will result in a $120.00 replacement charge to the student.

ACADEMIC EXPECTATIONS

Student athletes are expected to respect all academic obligations in order to maintain their position on a team. Membership on a team at P.A.C.E. is a privilege not a right and your primary responsibility is to your schoolwork. If you are having difficulty keeping up with your work in a particular course, your teacher may consult with you, your coach and/or the Director about appropriate consequences.

We recognize that you have other activities outside of school – music lessons, other teams, part-time jobs, karate, etc. Being a member of a team at P.A.C.E. is an important responsibility and it is important that you manage your time effectively in order to fulfill all of your responsibilities.

Being involved in sports can be a very rewarding experience. We hope that all of our students in grades 5 – 12 will take the opportunity to participate in our intramural and interschool athletic program.

We look forward to working with you.

P.A.C.E. ATHLETICS PROGRAM

Inter-school Sports

FALL SPORTS

Girls Basketball Girls Indoor Soccer Boys Indoor Soccer Boys Volleyball

Co-ed Flag Football Co-ed Cross Country

Co-ed Ultimate Frisbee

WINTER SPORTS

Girls Volleyball Boys Basketball Co-ed Dodgeball

SPRING SPORTS

Girls Outdoor Soccer Boys Outdoor Soccer Co-ed Outdoor Soccer

Co-ed Badminton Co-ed Track and Field